

# Spiritual Development in Scouting

The Scout Association is a Movement that explores faith, beliefs and attitudes as a core element of its Programme, and is one of our Values within the Fundamentals.

Scouting does not seek to undertake responsibility for religious development or education, but learning about faiths, beliefs and attitudes can help make the world a more tolerant and less frightening place. The spiritual development of all members is an important element of Scouting, and all members should be encouraged to follow the

## The five principles of spiritual development

1. To develop and inner discipline and training.
2. To be involved in corporate (group) activities with others.
3. To understand the world around them.
4. To help create a more tolerant and caring society.
5. To discover the need for spiritual reflection.

The next few pages give some options of how you can explore faith, beliefs and attitudes with your child and work towards badges.



**Scouts**  
**South West**

**Make.  
Do.  
Share.**

# My Faith Activity Badge

**cubs**



Having a faith means having complete confidence and trust in something that matters to you. Whilst **#ScoutingAtHome**, why not encourage your child to reflect on their personal faith, beliefs and attitudes and celebrating what is important to your child and your family - whether you have a religion you follow or not, join us to celebrate what faith means. When you have explored together their faith, beliefs and attitudes help them by exploring more:



## **Find out about your place of worship:**

Though many places of worship have had to close under recent measures you can still explore many faiths online with BBC bitesize and [reonline.org.uk](http://reonline.org.uk) You can explore tours inside faith buildings. There are also many virtual reality tours of faith sites around the world.

Once they have explored a place of worship, help your child to find out more information about:

- 1.the people involved, their titles and what they do
- 2.the important or sacred objects
- 3.the festivals and customs
- 4.the stories and traditions

Help them to think of a creative way they could present and share the information that they have found with others.

### **Choose a favourite prayer or reading.**

Think about prayers from your faith tradition that you could share with others or you could even write the prayer yourself.

When sharing you could explain why you like it and what it means to you.

There are many different ways you can pray. Why not create a video to share with other Cub Scouts around the world about how you pray / reflect and share it on social media.

### **Choose your favourite festival.**

You have explored your faiths, festivals, traditions and customs.

Thinking through the seasons - what festival is your favourite?

Find out:

- ✿ What it celebrates or means
- ✿ What customs are associated with that festival?
- ✿ What food do people eat?
- ✿ What special clothes do people wear?
- ✿ Do different people around the world celebrate this festival in the same way you do?

Do:

- ✿ As a family cook some of the special festival recipes from around the world.
- ✿ Teach others about the traditions and customs that are practised.

**Make.**  
**Do.**  
**Share.**



**Scouts**  
**Somerset**  
**cubs**

**My Faith**  
**Activity Badge**

Continued...

